



Carer Friendly Buckinghamshire

Building Carer Friendly Communities

Buckinghamshire Carers Conference 2026

Agenda Pack





When: Monday 16th November from 9.15am

Where: The Gateway Conference Centre
Gatehouse Road, Aylesbury, HP19 8FF

Time	Agenda
From 9:15	Networking & Refreshments
09:45	Welcome & Opening Remarks
10:00	Making a Difference
10:50	Building Carer Friendly Communitites
12:00	Lunch & Networking

Housekeeping



Seating plan
On arrival, you will be greeted and checked in by a member of the team, who will let you know your allocated table number. Once seated, please complete the sign-in sheet provided on your table.

Accessible entrances and facilities
The main entrance to the Gateway is step-free and accessible via automatic doors. The Oculus is located on the ground floor and is also accessible via automatic doors.

Parking
Free parking is available at the Gateway, including a number of designated Blue Badge parking spaces.

Refreshments and Lunch
Refreshments will be available from 9.15am, with lunch provided at 12.00pm. If you have not yet provided us with your dietary requirements, please email us by 10th November
BuckinghamshireCarersPartnership@buckinghamshire.gov.uk

Networking Stalls

Buckinghamshire Libraries

Buckinghamshire Libraries offers a wide range of free services to support residents' learning, wellbeing and social connection. In addition to books and library resources, members can access free Wi-Fi, computers, digital support, community activities and events throughout the year. Tailored support for carers and people who may struggle to visit in person are also available, including a Carers Membership with extended loans, a Library Buddy Service that allows someone to borrow items on their behalf, and a Home Library Service delivering books and other materials directly to residents who are unable to get to a library.
For more information, please visit: Buckinghamshire Libraries

Bucks Adult Learning

Buckinghamshire Adult Learning provides accessible education and training opportunities for adults aged 19+ across Buckinghamshire. We offer flexible courses designed to help residents develop skills, improve confidence, enhance wellbeing, gain qualifications, and progress into employment, volunteering, or further learning.

For carers looking to take time for themselves, build social connections, or develop personal interests, our Lifelong Learning programme offers a wide range of part-time courses in creative arts, crafts, languages, and health and wellbeing. These courses provide an opportunity to learn something new, improve wellbeing, and connect with others in a supportive environment.
For more information, please visit: Bucks Adult Learning

Helping Hand

A cost of living support programme for residents who are struggling financially. It provides information, advice and access to support with essentials such as food, energy bills, housing costs, debt advice, benefits, childcare costs and other financial pressures.
For more information, please visit: Helping Hand

Networking Stalls

Buckinghamshire All-Age Carers Service

Mobilise provides support to carers in Buckinghamshire, a community by carers, for carers.

We offer digital, phone, and face-to-face support, including peer-to-peer connection, practical guidance, and signposting, alongside group sessions and events. Our service is open to anyone caring for someone including adults, young adult carers, and young carers, whatever stage they are at in their caring journey.

We want carers to feel informed, confident, and supported, not just to receive information. For more information, please visit: Mobilise

Age UK Buckinghamshire

Age UK Bucks offers several services which may be of interest to your attendees and professionals alike.

Key services are:

- Information and Advice - 50 plus
- Welfare benefits
- Home services
- Gift of Friendship
- Age Better Bucks
- Dementia Support Bucks
- Hospital discharge and Community Support Service

For more information, please visit: Age UK Bucks

Dementia Support Buckinghamshire

Dementia Support Buckinghamshire is a local charity supporting people affected by dementia throughout Buckinghamshire. Our services are available to anyone living with dementia, as well as family members, friends and unpaid carers. We provide practical information, emotional support, peer support groups, and signposting to other local services. Our aim is to help people live well with dementia and ensure nobody has to face dementia alone.

For more information, please visit: Dementia Support Bucks

Networking Stalls

Buckinghamshire Talking Therapies

NHS Buckinghamshire Talking Therapies is an NHS psychological service which was established in 2008. Since then we have helped thousands of people each year cope more effectively with their depression and anxiety. We can offer a range of free NHS, tried and tested psychological therapies which follow a stepped care model. We use this model to decide which type of treatment is currently most clinically appropriate for you.
For more information, please visit: Bucks Talking Therapies

Bucks Mind

We want to create a mentally healthy society. Through our information, services and campaigns, we tackle stigma, barriers and isolation so that everyone can access mental health support when they need it. Delivering services in the heart of our local communities, in Buckinghamshire and East Berkshire, we promote wellbeing and recovery; prevent mental ill-health; offer talking therapies and we provide support in times of crisis.

We are an independent charity that is proud to be affiliated with national Mind and to adhere to its quality standards of governance and service delivery. Buckinghamshire Mind is part of a network of around 100 local Minds, which provide trusted mental health services to our communities. Together we are Mind. For more information, please visit: Bucks Mind

Oxford Health

Oxford Health NHS Foundation Trust recognises the significant impact that caring for someone can have on a person's mental, physical, and emotional wellbeing. The Trust continues to develop and enhance the support available to carers and family members of patients and service users. A range of support groups, workshops, wellbeing activities, and social opportunities are provided through both face-to-face and online formats, helping to maximise accessibility and reach.

To find out about any of the services, please email icareyoucare@oxfordhealth.nhs.uk or visit Support for Carers

Networking Stalls

Buckinghamshire Council Housing Services

Buckinghamshire Council Housing Services helps residents prevent and resolve homelessness, access suitable housing and maintain safe, stable accommodation. Support includes housing advice, homelessness prevention, rough sleeping support, temporary accommodation, access to the private rented sector and tenancy sustainment.

Working closely with housing providers, landlords, health and social care services, community organisations and the voluntary sector, the team supports vulnerable residents and improves local housing outcomes.

Visit our stand to find out more about housing services, homelessness and rough sleeping support, and opportunities for partnership working across Buckinghamshire.
For more information, please visit: BC Housing Services

Buckinghamshire Community Youth Team

The Community Youth Team provides strategic and practice support for youth work across Buckinghamshire. Our support includes advice and guidance, strategic thinking and development, consultations, training, partnership networking, collaborative projects, mentoring, practice support, funding support, information and guidance around young people smoking and vaping, youth voice groups (including LGBTQIA+, Children Looked After and SEND groups), and community projects that respond to emerging issues affecting young people.

If you need support with youth work, would like to discuss an idea, or want to explore opportunities for collaboration, please contact Monica for an informal chat;
YouthVoice@buckinghamshire.gov.uk or visit Youthspace

Networking Stalls

Healthwatch Bucks

Healthwatch Bucks is the independent champion for people using health and social care services across Buckinghamshire. We listen to local people's experiences of NHS and social care services, including GP practices, hospitals, dentists, pharmacies, care homes and community support services, and ensure that decision-makers hear their feedback to help improve services.

Our services are available to anyone living in Buckinghamshire, including patients, carers, families and members of the public. We provide free, independent information and signposting to help people find reliable advice and access the support they need. We also gather feedback through surveys, community engagement, events and listening activities to make sure local voices influence health and care services.

For more information, to share your experiences, or to access advice and signposting, visit www.healthwatchbucks.co.uk

Family Hub Service in Buckinghamshire

The Family Hub Service delivers a wide range of support through 16 Family Hubs located within communities across Buckinghamshire. We also coordinate the Family Hub Network, enabling families to access support close to home, from trusted local services and professionals, at a time that is right for them.

Look out for Family Hub Network signs and logos in schools, faith settings, cafés, and other community venues. For more information visit: www.familyinfo.buckinghamshire.gov.uk

Networking Stalls

Buckinghamshire Council Carer Assessments & Safeguarding

If you help an adult friend or family member who could not manage without your support, you are a carer - even if you are not paid. There is support available for you too.

Suddenly finding yourself in the situation of caring for a loved one can be difficult.

We can help you by providing:

- an assessment to identify your needs
- support if you need a break from your caring role
- signposting to community resources, information, guidance and advice
- services to support your needs

For more information, please visit: Care Advice Bucks

FACT Bucks

FACT Bucks is an independent, parent carer-led organisation supporting families of children and young people with SEND across Buckinghamshire. Any parent or carer of a child or young person with SEND can join for free.

We gather the experiences of local families and use these to influence decisions about SEND services through strategic co-production with education, health and social care partners. We also share information about local services, support groups, consultations, training opportunities and events relevant to parent carers.

Visit www.factbucks.org.uk to learn more, become a member, access resources and find opportunities to have your voice heard.

Move Together Bucks

We support people aged 50+ who are living with, or at risk of developing, a long-term health condition to become more active. This may be relevant to carers themselves if they meet the eligibility criteria, as well as to carers who may know or support someone who could benefit from the programme. We'll also be able to explain how people can self-refer or be referred into the service.

For more information, please visit: Active in the Community

Speakers

This years conference focuses on 'Building Carer Friendly Communities'.

Our guest speakers include a range of partners across Buckinghamshire, across Adults and Health, Education, VCSE and Carers.

Thank you to all, we look forward to hearing from you on the day.

St Mary's CE School is a Primary School in Fairford Leys with over 400 pupils on roll. We recently won the community contribution award at the Proud of Bucks Awards 2026 for the work we do with our Young Carers. Young Carers are invited to join our Young Carers Group, where they can take part in wellbeing activities and connect with peers who have similar experiences. We work closely with our PTA and wider school community to raise awareness and fundraise, enabling Young Carers to access trips and enrichment opportunities and enjoy time to simply be children.

The Grange School is a large non selective mainstream school in Aylesbury, with around 1450 students including sixth form. We have a diverse and inclusive community, with around 20% of students having SEND needs and approx 24% of students in receipt of free school meals. Around 22% of students have English as a second language.
Pastoral support is a strength of the school and we have a dedicated team of mentors who work from Stapleton House. Young carers is led by one of the mentos and we currently have around 60-70 students identified as young carers across the school.



Carers Lived Experience Panel

A key part of the event is ensuring that carers' voices are heard directly and help shape future improvements.



The conference programme places carers' experiences at the centre through quotations, feedback, video content and a supported lived experience panel.

The panel will consist of up to four carers with a range of different experiences and backgrounds to reflect the diversity of caring across Buckinghamshire.

The discussion will focus on:

- The panels experience of being an unpaid carer.
- What has helped when accessing support, services or information.
- What has made things more difficult.
- Their experience of navigating the wider system.
- What good support looks like from organisations and communities.
- What changes could make Buckinghamshire more carer friendly.

To submit a question to the panel please email the below by 10th November.

BuckinghamshireCarersPartnership@buckinghamshire.gov.uk

Useful Information

Carers Partnership Newsletter

Did you know that the Buckinghamshire Carers Partnership produces a quarterly newsletter packed with information, advice, upcoming events, training opportunities and support available for unpaid carers across Buckinghamshire?



You can view Octobers edition here

Subscribe today: Follow the link below and sign up to receive the newsletter directly to your inbox:

Buckinghamshire Carers Partnership Newsletter Subscription

Carers Partnership Annual Report 2025/2026

We are proud of the work being delivered through the Buckinghamshire Carers Partnership, to ensure all individuals who support others, can live fulfilling lives.To view the full report see here.



Carers Partnership Action Plan 2026/27

Earlier this year we launched the second annual action plan, to support delivery of the All-Age Carers Strategy 2025-2030. Activity this year focuses on moving towards being a Carer Friendly Buckinghamshire, see the plan here

New All Age Carers Service

Since the 1st of July 2026, Buckinghamshire Council has commissioned Mobilise to deliver the new Buckinghamshire All-Age Carers Support service. For more information, please visit: Mobilise

Stronger with Support

New webpage details wider council services which Carers may find useful when managing day to day.
To find out more, please visit: Stronger with Support

National Picture

Building Carer Friendly Communities Blueprint
The theme for Carers Week 2026 and 2027 is Building Carer Friendly Communities.



This blueprint sets out a national shared vision for developing and strengthening carer friendly communities across the UK.

Please do take a look at the blueprint and consider how we can all work together to impletment the ideas: [Building Carer Friendly Communities Blueprint]



Carers Rights Day 2026
Thursday 19th November 10:00am-2:00pm
Wycombe Museum, High Wycombe

Join us from 10am to 2pm for talks, local stalls, wellbeing activities and light refreshments. Bring a friend too, lots of people care for someone without realising it, and it's a good chance to find out what support is out there.

Carer Friendly Buckinghamshire

Making Buckinghamshire a great place to live and work for all unpaid carers, Together.