Buckinghamshire SENDIAS Online Training coproduced with FACT BUCKS

FACT BUCKS
Parent Carer Forum
A local voice for parent carers of children with SEND

BUCKINGHAMSHIRE
SEND IAS
SERVICE

ADHD Part 3

Summary: This webinar will inform and empower you about what can be done to enable Buckinghamshire children and young people with ADHD to thrive - whether diagnosed or not, in school and elsewhere.It follows on from our recent fact-finding workshops involving a wide range of stakeholders including parents.

What to expect in school in terms of rights and policies.

Wider support and resources

Options if things get stuck

Inclusion and ADHD

- Understand ADHD
- Adapt our responses
- Adapt the environment
- Actively teach coping strategies
- Avoid waiting for a diagnosis



ADHD and the law

Challenges from ADHD are likely to meet the definition of a disability under the Equality Act 2010 with or without a diagnosis:

You're disabled under the Equality Act 2010 if you have a physical or mental impairment that has a 'substantial' and 'long-term' negative effect on your ability to do normal daily activities.

The 'best endeavours' duty
Children and Families Act 2014
That's not fair – Disability discrimination- Bucks SENDIAS
Guidance on matters to be taken into account in determining questions relating to the definition of disability - GOV.
Reasonable adjustments for disabled pupils - EHRC
Disabled children in early years settings and the Equality Act - CDC
Disabled children at school and the Equality Act –CDC
Discrimination in Further Education | Disability charity Scope UK



What does the law say?

Do my child's views and my views count?

YES

The Local Authority must have regard to:

- the views, wishes and feelings of the child and their parent, or the young person;
- the importance of them participating as fully as possible in decisions
- the importance of them being provided with the information and support necessary to enable participation in those decisions;
- the need to support them, in order to facilitate the development of the child or young person and to help him or her achieve the best possible educational and other outcomes

Individual support at school

- Effective interaction
- Treat ADHD as a disability for which reasonable adjustments are required, including to the school behaviour policy
- Schools do not have to wait for a formal diagnosis before providing support to pupils.
- SEN Support plan
- Staff training on all types of ADHD

SEN Support
SEN Support in mainstream school - ages 5 to 16
Ordinarily Available Provision
•watch our webinar about SEN support
•download our SEN support slides

Education, Health and Care needs assessment (EHCNA)
EHC needs assessments
EHC plans and annual review
•watch our webinar about EHC needs assessments
•download the EHC needs assessment slides

Government guidance
SEND_Code_of_Practice_January_2015.pdf
Keeping children safe in education 2024
Mental health and behaviour in schools

Inclusion and sense of belonging at school

- Strong relationships
- Consistent routines, clearly explained
- Praise and encouragement
- Involvement in all aspects of school life
- Open communication

- How it feels to have ADHD at school - old ADDISS guide

What about support for you?

- **Home - Buckinghamshire Healthcare NHS Trust - CYP Website** In the 'resources to support your child section' there are an ever growing range of webinars, advice sessions and live Q and A sessions.
- **Get help for you or your family | Family Information Service** includes parenting training and support from a family worker
- **Support for Parents – Space Support Chesham & South Bucks** is a parent-led group that meets monthly for a friendly coffee morning with speakers, discussions and more.
- **Walking with You (WWY) | Oxford Health CAMHSOxford Health CAMHS** is a support group run by CAMHS open to anyone who is supporting a child/young person experiencing difficulties up to the age of 25. (You do not need to have a child/young person under CAMHS to join the group).
- **YouNique Support Group — Christ Church Flackwell Heath** is a monthly self-help group for parents and carers of children with additional needs, including ADHD and ASD.
- **ADHD Liberty** is a charity based in High Wycombe providing specialised counselling and coaching to help individuals manage ADHD symptoms and improve their quality of life. It assists with legal representation and advocacy, particularly for individuals with ADHD who are involved in the criminal justice system and may also have grants available to help with ADHD assessments, for example. It can also link you up with the **Bucks and Beyond Adult ADHD Support Group**, a monthly support group for adults with ADHD, which is also open to parents of children with ADHD.
- **Carers Bucks** supports provides advice, information and emotional support as well as carers support groups for unpaid carers in Buckinghamshire. It includes a Carers Online Support tool
- **Growing Hope High Wycombe** is a charity offering free therapy for children and young people (0-18) with additional needs living within the High Wycombe area. It also provides support for parents, carers and siblings through groups and courses.

Free for Bucks' parents from 1 December 2024

The Parent's Portal
by Autism Early Support

Buckinghamshire Council have partnered with specialist local charity Autism Early Support to offer parents unlimited access to The Parent's Portal.
This is a self-guided learning tool, designed for parents of children aged 2-17 years who:

- Have noticed differences in their child and they're exploring neurodivergence
- Have Googled, '*Is my child autistic?,*
- *or what is ADHD?'*
- Have an autistic child(ren)
- Are awaiting a Neurodevelopmental assessment

Register here or scan the QR Code
https://portal.autismearlysupport.org.uk/bucks-registrations/

National resources

- ADHD Foundation offers a strength-based, lifespan service for the 1 in 5 of us who live with ADHD, Autism, Dyslexia, DCD, Dyscalculia, OCD, Tourette's Syndrome and more. It includes Refocusing on ADHD in education, a resource booklet aimed at SENCos
- ADHD Videos - To help explain ADHD better | ADHD UK
- (IPSEA) Independent Provider of Special Education Advice exists to help you navigate the SEND system and secure the education your child is legally entitled to
- Child Law Advice provides legal advice and information on family, child and education law affecting children and families in England
- Contact's **Listening Ear** is here for you for a bookable telephone appointment if you are struggling mentally and looking for strategies to help you cope or maybe you just need to talk to someone who understands the extra challenges you face.
- Epic Think Learn offers free neurodiversity resources from the University of Edinburgh

What to do if things go wrong or you are stuck

- If you require further information to help you please first refer to the SENDIAS webpages: **Bucks SENDIAS service | Buckinghamshire Council** and if necessary contact SENDIAS using the **clickable Bucks SENDIAS Contact Form**

- Sign up for our email updates
- Live webchat:
  Mondays 1-3pm and Fridays 10am- 12 noon
- See our recorded webinars
  and slides with clickable links

Important information

In this news update you will find information about:

- **New to SEND? - Free FACT Bucks/Bucks SENDIAS Service Webinar - 10-11am on Friday 27 January 2023**
- **Shout out for SEND - Youth Voice Bucks**
- **The Prince's Trust Team Programme**
- **Family Support Service - three exciting projects online and in person for young people in school years 7 and upwards starting in February 2023**
- **Contact - Welcome to What's new**
- **Bucks SENDIAS Service Live Web Chat**

iSEND Support Line

Information for Parents/Carers

The support line has been developed to make it easier for you to make contact with the iSEND teams and is open to parents and carers of any child or young person with a SEND need. Your call will be answered by a Specialist Teacher, an EHC Co-ordinator (EHCCo) or an Educational Psychologist.

We look forward to talking to you!

What does this service offer for parents and carers?

- Single point of contact with Buckinghamshire iSEND Education Teams
- Signposting, information and advice for Special Educational Needs and Disabilities (SEND)
- Guidance on using the Buckinghamshire Local Offer

When can I contact?

The phone line is open Monday to Friday 10:00am to 4:00pm term time and reduced hours during the holiday periods. We are also open from 4pm until 6pm on Tuesdays.

How do I make contact?

Phone 01296 382135

Cadence

‘Coping with ADHD is a superpower.

But actually it makes life a lot harder’





Dr Davie is a consultant community paediatrician with a special interest in neurodevelopmental conditions, including ADHD. He works with Evelina London Community Services and is a trustee and co-founder of the charity ADHD UK. He also serves as the Officer for Health Improvement at the Royal College of Paediatrics and Child Health (RCPCH).

We have a T-Rex brain


ADHD UK
adhduk.co.uk

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