

Party Safe

- Eat a substantial meal before you go out.
- Make sure your mobile is fully charged and you have all your friends contact numbers.
- Ensure you have ID.
- Let your parents, housemates, or partner know where you will be and until what time.
- If you can, arrange a lift home with someone you know and trust.

Safety in numbers



Look out for each other and ensure you all stay safe and have fun. Do not leave with strangers.

Be aware of those around you



If someone is making you feel uncomfortable, stay with friends, move away and report them to staff.

Drink in moderation



Know your limits and never push them. Space your drinks with water to prevent dehydration.

Watch your drink



Keep a close eye on your drinks, never leave them unattended at any point.

Keep valuables hidden



If you're drunk, you are an easier target. Keep all valuables in zipped pockets or bags.

Keep away from hostile situations



Don't be a hero. If there is a fight or an argument stay out of it and get help from door staff or the police.

If you have any concerns on your night out alert door or bar staff.

In an emergency (police/ambulance/fire) call 999

To report a crime anonymously call Crimestoppers on 0800 555 111



THAMES VALLEY
POLICE

Working together for a
safer Buckinghamshire