Risborough Family Hub

Princes Risborough Primary School, HP27 9HY

01296 383 293

Autumn Term (September to December 2026)

Monday	Tuesday	Wednesday	Thursday	Friday
Health Visitor clinic 9am to 1pm Weekly Appointment only **Midwife clinic** 1pm to 4pm Weekly Appointment only **My First Playtime** 1:30pm to 3pm Weekly Drop-in **Shout Out for SEND** 5:30pm to 7:30pm Third Monday of the month Sign up by email at: **ShoutOutForSEND@buckinghamshire.gov.uk** Or WhatsApp Sam at: **07786 661138**	**Midwife clinic** 9am to 1pm Weekly Appointment only **6 to 8 week baby reviews** 1pm to 4pm Weekly Appointment only **Little Talkers** 2pm to 3pm 17 November to 8 December Booking required	**Messy play and explore** 10:45am to 12pm Weekly Drop-in **Child health Drop-ins** 9:30am to 11am First and third Wednesday of the month Drop-in **Midwife clinic** 1pm to 4pm Weekly Appointment only	**Health Visitor clinic** 9am to 1pm Weekly Appointment only **Midwife clinic** 1pm to 4pm Weekly Appointment only	**Midwife clinic** 9am to 4pm Weekly Appointment only **National Autistic Society support coffee mornings** Check NAS South Branch Facebook page for dates

(See 'Useful Information' page for more details)

For updates at this Hub, follow us on Facebook by scanning or pressing the QR code

Useful information

Universal Sessions

My First Playtime - 0 to 1 years old

Children can explore and learn whilst playing with a range of activities, with a focus on sensory play.

Messy Play and Explore - 0 to 5 years (10 years in school holidays)

Children can explore and learn whilst playing with a range of activities such as messy play, arts and crafts, construction and sensory play.

Play and connect

A fun and friendly session where children can play and explore whilst parents and carers connect with each other, share experiences and access information and support.

SEND parent drop-in

An informal session that provides an opportunity to meet others, share experience and build support networks. Professionals are available to offer information, advice and signposting. Children are welcome to attend with their parent or carer.

Junior Hangout - 8 to 11 years old

Join us for games, activities and fun with friends. A great place for young people to build confidence and try something new.

Hangout - 12 years old and above

A welcoming space for young people to make friends, try new activities, learn new skills and grow in confidence.

Booking courses or sessions

For sessions and courses that require a booking, this can be done online by scanning or pressing the QR code. If you require assistance with booking, feel free to contact your local Hub.

Free to borrow resources

Ask a member of the Family Hub team about our free to borrow resources and activities to support your child's development. This includes our Balance Bike library, Boromi Bags, Starting Reception bags, and much more.

Buckinghamshire Family Information Service

For information and advice from our supportive team, contact the Family Information Service by:

Email: **familyinfo@buckinghamshire.gov.uk**

Follow the Family Information Service on social media:

facebook.com/bucksfamilyinfo

@BucksFamilyInfo

Useful websites

Scan or press the QR codes to visit these useful websites:

Health for teens

healthforteens.co.uk

Health for under 5s

healthforunder5s.co.uk

Autism Early Support

autismearlysupport.org.uk

Best Start in Life

beststartinlife.gov.uk

Chat Health

chathealth.nhs.uk